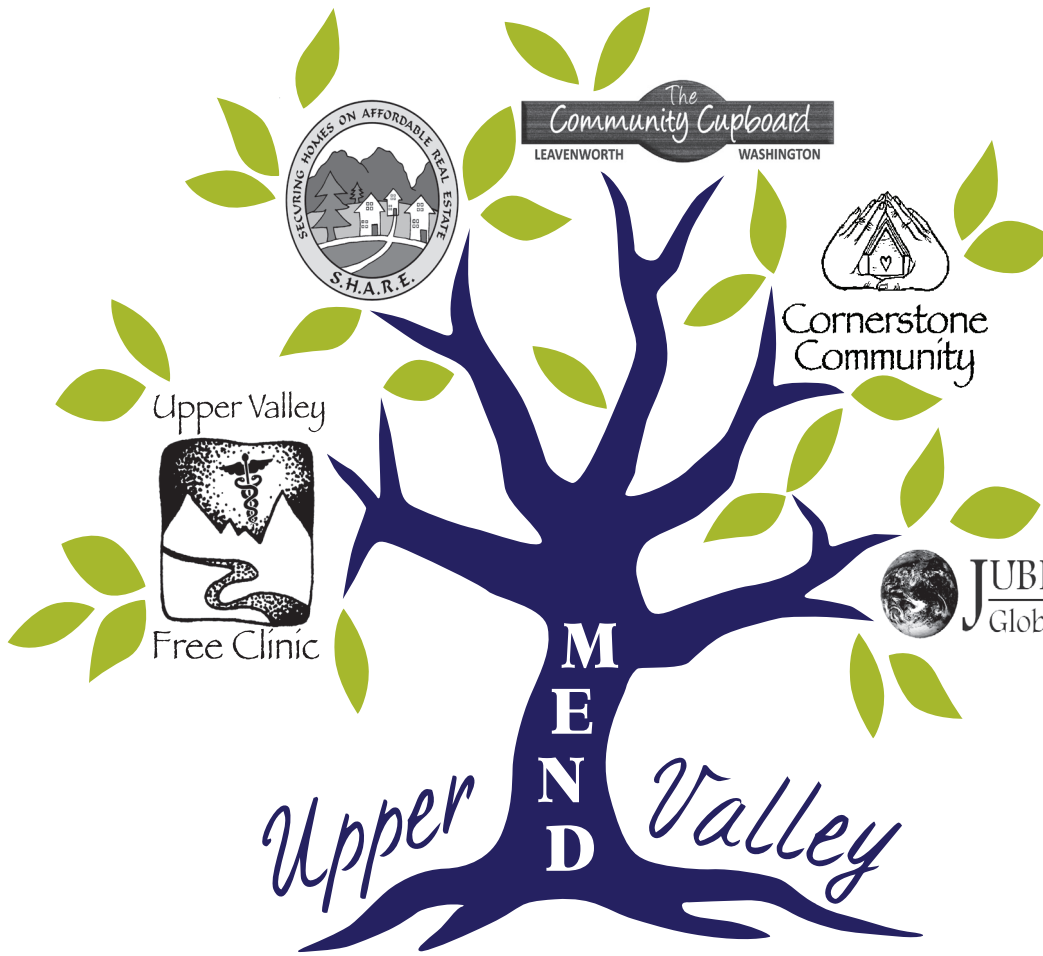


UPPER VALLEY MEND ANNUAL REPORT 2010



Upper Valley MEND is an independent, nonprofit Christian service organization committed to affirming the worth and dignity of everyone we serve. We operate through a dedicated community of volunteers and staff, providing emergency family assistance & food bank services, affordable housing opportunities, health care services, and support for adults with developmental disabilities.

MEETING EACH NEED WITH DIGNITY



Upper Valley MEND
P.O. Box 772
894 Hwy 2, Ste L
Leavenworth, WA 98826
Phone: (509)548-0408
Fax: (509)548-7167

The Community Cupboard
219 14th Street
Leavenworth, WA 98826
Phone: (509) 548-6727



Upper Valley MEND is a 501(c)3 nonprofit organization. All donations are tax deductible

MEND Board of Directors and 2010 Officers

John Agnew, *Board Chairman*

Patty Hebert, *Secretary*

Steven Edlund, *Treasurer*

Theresa D'Litzenberger

Ron Koch

Chuck Reppas

Barbee Teasley

2010 MEND Staff

Brian Thompson-Royer, *Executive Director*

Kelly Hassinger, *Finance Manager*

Bob Mark, *Program Manager*

Amy Massey, *Administrative Assistant*

Sara Wilkins, *Development & Marketing Associate*

Haley Sample, *Affordable Housing Associate*

Stuart Emig, *Community Cupboard Staff*

Mary Downs, *Community Cupboard Staff*

Laurie Peek, *Community Cupboard Staff*

Alexandra Muro, *Translator, SHARE CLT*

MEND Snapshot

448

Holiday Gift Baskets

299

People Served at the Free Clinic

20

Owner-occupied Affordable Homes

1

Construction Completed on Cornerstone Housing Unit

66

Emergency Shelter Nights

\$145,020

Selling Price of Latest 4-bedroom Land Trust Home

557

Families Receiving Food Through the Food Bank

Letter From the Chair

Dear Members of Upper Valley MEND,

It has been my privilege to serve as your Board Chair this year. The members of the Board understand that Upper Valley MEND is not our organization, it is yours. We work hard to be the best stewards possible. We hope you enjoy reading here about how your support flows through the different ministries to make our lovely valley a better place to live, work and experience God's gracious presence in our lives.

We've been blessed this year by the spirit and seemingly endless energy of our new Executive Director, Brian Thompson-Royer. His leadership has guided progress in all of our programs, but particularly the Cornerstone Adult Family Home and SHARE Community Land Trust Chumstick/Titus pre-development.

Remember that your input and involvement are always welcome. Let us know what you think. We can always improve! There are many volunteer opportunities, from sorting donations at the Community Cupboard, to nurturing the new landscaping at Cornerstone, even serving on our wonderful Board. You can find out more about us, opportunities for involvement, and can send us your thoughts on www.uvmend.org.

Thank you in advance for your continued support! We'll do our best to earn it!

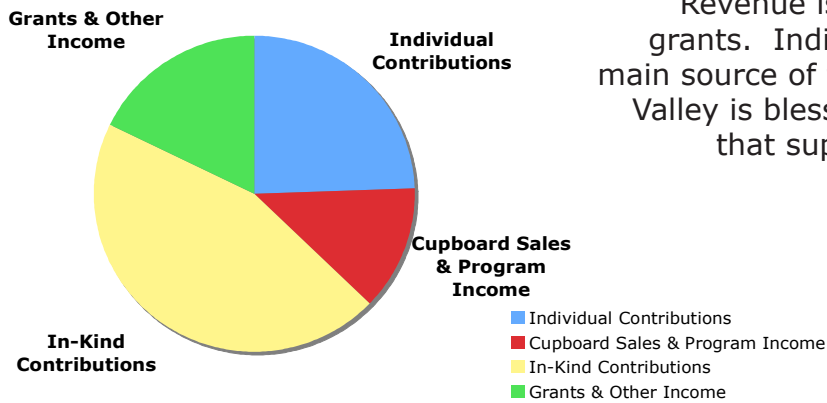
Warmest Regards, John Agnew, Chair



UV MEND Financial Statement

Revenue

Revenue is broken out by program, donations and grants. Individual and in-kind donations remain the main source of funding for MEND programs. The Upper Valley is blessed to have such a generous community that supports the goals and programs of MEND.

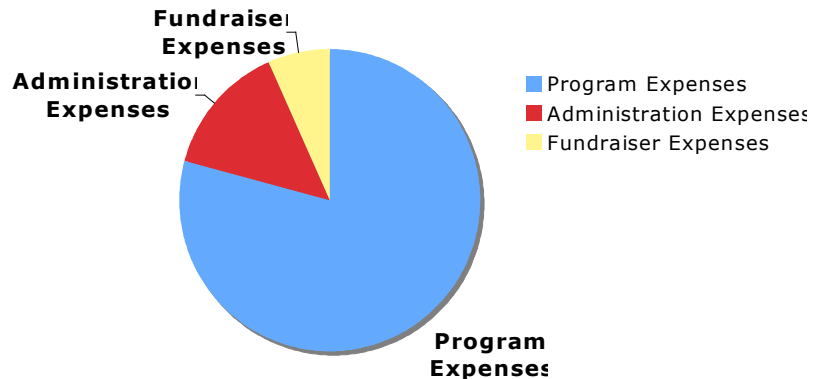


Revenue:

Individual Contributions	135,687	24%
Cupboard Sales & Program Income	71,089	13%
In-Kind Contributions	249,121	45%
Grants & Other Income	99,064	18%
Total Revenue	554,961	100%

Expenses

Program Expenses represent the funds that go to serving our clients. Upper Valley MEND has shown a consistent and steady low overhead cost and this is once again reflected in our 2010 14% administrative percentage. Our dedicated volunteers who give themselves and their talents to our many outreach programs allow a small paid staff to function efficiently and with less impact on the MEND budget.



Expenses:

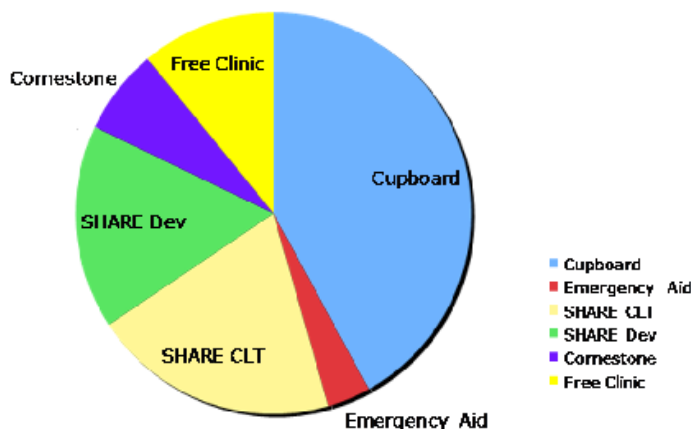
Program Expenses	425,813
Administration Expenses	76,107
Fundraiser Expenses	35,796
Total Expenses	537,716

Outreach by Program

Total Program Expenses by Program:

Cupboard	178,786	42%
Emergency Aid	15,019	4%
SHARE CLT	85,723	20%
SHARE Dev	70,021	16%
Cornestone	29,464	7%
Free Clinic	46,800	11%
Total Program Expenses	425,813	100%

This data shows how the total of MEND's program expenses are divided among its six different program areas. The Cupboard is our largest program, providing food and other commodities to more than 550 families a year.



Letter from the Executive Director



Dear Community Members,

The past year is marked by stability and growth for all of Upper Valley M.E.N.D.'s programs. I am in awe and grateful for the kindness, generosity, compassion and spirit flowing throughout this community. All of our staff, volunteers and board members listen to the community's needs and strive to represent you. Even in the recession as public resources shrink, with this community's support we expanded our food bank and emergency assistance program. Over Thanksgiving and Christmas, we witnessed another tremendous outpouring of support for people with the least. We are increasingly productive with growing numbers of Volunteers, Donors, Staff, Program Advisory Committee and Board Members. Our joint efforts unite our vision, hands, hearts, faith and spirit making a more compassionate place for all of us to live and work together.

Here's a snapshot of our successes last year:

- Major progress on Titus Chumstick housing with public, private and non profit partnerships including the City of Leavenworth and Chelan County;
- Re-organization and growth of the Community Cupboard;
- Consistent and dedicated volunteers provide 299 patient visits at Upper Valley Free Health Clinic;
- Expanded partnerships with agencies and non profits in the Wenatchee Valley;
- Cornerstone Community Home completion of construction and the enormous volunteer landscaping project;
- Cornerstone operation plan completion and hiring of resident managers Anna Jean and Mike McDaniel;
- Completion of SHARE Call to Action Campaign for affordable housing with Sleeping Lady Foundation; and
- Accepting the gift of Jubilee Global Gifts from John and Mary Schramm.

As M.E.N.D. grows, we look strategically ahead at some goals for next year:

- Cornerstone Community Home, full of love and residents;
- SHARE Community Land Trust's new mixed income residential neighborhood with County-approved planned development and secured funding;
- Community Cupboard and Upper Valley Free Health Clinic – through expanded relationships, partnerships and resources meeting more needs; and
- A productive 17th year for Jubilee Global Gifts', MEND's newest program, a gift this year from John and Mary Schramm.

Looking back over the past year, it is with great joy, deep gratitude and your continued support that I continue to direct these efforts in my second year here with you. I invite you to continue to bring your gifts, talents and dreams to our programs.



Having Fun: MEND Community Events 2010

- Empty Bowls Painting / January
- Volunteer Appreciation Lunch / February
- Auction for Artists' Bowls / March
- Earth Day Celebration / April
- Community Cupboard Gear Swap / May
- Dessert SHARE / May
- The Fairway Golf Tournament / September
- Cafe Verona Benefit Dining / November
- Pav's "Chicken Little" Benefit Dining / Nov.
- Cornerstone Landscaping / Oct. & Nov.

MEND's Programs



The Community Cupboard

Over the past 25 years, the Community Cupboard has been providing emergency services in the upper valley. Services have included: food, financial assistance, shelter, & emergency referrals. Volunteers and donations sustain our thrift store and food bank. The sale of recycled goods at the Cupboard along with community food and fund drives provide hope for our neighbors in need.



SHARE Community Land Trust

SHARE stands for **Securing Homes on Affordable Real Estate**. It currently provides 20 quality, affordable homes to low-to-medium income families while holding the land in trust for our future generations. In addition, plans are underway to create up to 100 homes in the next 3-4 years.



Upper Valley Free Clinic

An all volunteer clinic that offers free primary health care and access to ongoing care at Cascade Medical Center from 6:30pm-8pm each Monday, except holidays. The Clinic provides referral service and assistance with filling out forms for reduced or free medical and prescription costs. Interpreters are available each night.



Cornerstone Community

Cornerstone Community

Cornerstone is an Adult Family Home for the Developmentally Disabled. Construction is nearly complete and residents will inhabit the home in 2011. From start to finish, the birth of Cornerstone Community Adult Family Home has truly been a grass roots effort.

Thank You! 2010 Donors

Sleeping Lady Foundation
John and Mary Schramm
The Mary Bremer Foundation
LIFE Foundation I and II
Rotary Club of Leavenworth
Diane Carson
Ken & Margaret Marson
Marydell Marson
Leslie & Pross Hontou
United Way of Chelan-Douglas Cos
First Baptist Church Leavenworth
Stevens Pass, Inc.
Our Lady of the Snows Church
Pavz
Natalie Bennett
Cafe Verona
Leavenworth Christian Fellowship
Light in the Valley Community Church
Church World Service, Inc.
Leav. Church of the Nazarene
Leavenworth Lions Club
Faith Lutheran Church
Helen Belcher
Leav. United Methodist Women
Mark & Susan Hebert
Ted Alway & Trish Ortiz
Thrivent Financial for Lutherans
Momi Palmieri
Michael & Lindsay Camp
SOUTH
John & Christine Groen
John and Susan Butruille
Sheryl and Mick McDevitt
George Fitzsimmons
Bill and Sandi Kampen
Christine & Daniel Cassayre
Dr. Brad O'Brien DDS
Mary Scheibler
McDougall & Sons, Inc.
Robert L. Wheelon
Seventh Day Adventist Church
Henry and Lisa Klossner
Michael and Cathy Cleghorn
Brad & Kathy Schmidt
Susie Johnson & Damien Browne
Westminster Presbyterian Church
Leav. Community United
Methodist Church

More Donors

What We Can Do Everyday:
Respect the Dignity of Everyone
Value **Diversity**
Advocate for Positive Change
Be a **Dedicated** Volunteer
Refer Those in Need to MEND
Give **Locally**
Challenge Sterotypes
Express **Gratitude**

2010 Donors: A Special Thank You To You ALL!!

Bennett and Tracy Brulotte
 Bob and Judy Rector
 Fred & Barbara Bockenstedt
 Keith and Jody Tower
 Peshastin United Church of Christ
 Antje Prey
 Bill and Carol Forhan
 Carol Droege
 Carol Hanson
 Dennis and Linda Meloy
 Harvey & Shirley Strand
 Hilfreiche Hausfruen
 Karl and Dawn Kranz
 Kevin and Teddy Rieke
 Merton & Shirley Johnson
 Mike and Cordi Bradburn
 Robert & Ann Smith
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 William & Dana Isherwood
 Donald Eriksen
 Jim and Rosemary Head
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 Edith Daniels
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 Cleo Fulwiler and David S. Larson Fulwiler
 Scheibler Bros., Inc.
 Leslie and Michael Nelson
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 Clint and Julie Loughed
 David Faulkenberry
 David Hoxworth
 Constance Roberts
 Diane Blake
 Dick & Rosaleen Dickinson
 Don and Jean Booth
 Elizabeth & Joseph Keizer
 Gail & Dwayne Kamphuis
 George and Karin Herring
 Grahame & Barbara Watson
 Harold & Pamela Amoss
 Heather and Pat Murphy
 John Agnew & Patty Hebert
 K.D. & Jackie Sturges

Karen Strom
 Ken & Mary Helen Mayhew
 Laurie & Doug Robinson
 Leav. Chamber of Commerce
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 Marcus & Marieta Westbrook
 Maxine Duffy
 Pat & Ed Rutledge
 Peter and Carole Schlotfeldt
 Robert & Leanna Pflugrath
 Steven & Lila Edlund
 Thomas and Sue Magrath
 Thomas Lee, Carolyn Kinsella, Sally Jo Power
 Tony and Dee Torkelson
 Wally Byam Caravan Club
 Ritchie Albaugh
 Tony and Meleah Butruille
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 Shanda Holm
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 Carolyn Lord
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 Anne Koeing
 Bob and Winnie Camp
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 Jerry and Frances Roquet
 John and Mary Bywater
 John and Sarah Parish
 Karin Brameld
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 Marty & Katharine Lindemann
 Tom Shanklin
 Keith and Lisa Goehner
 Angela and Michael Martin



Meeting Each Need with Dignity